

# PADI OPEN WATER COURSE PACKAGE 3N4D - NUSA PENIDA

Learn to dive in Nusa Penida — Explore the breathtaking reefs of Nusa Penida, encounter manta rays, and seek the legendary mola mola.

## What's Included:

- The theory e-learning before arrival
- 3 nights accommodation at our Nusa Penida Dive Resort (5★ PADI Dive Centre) double occupancy
- Confined water session + 4 open water dives
- Explore the breathtaking reefs of Nusa Penida, encounter manta rays, and seek the legendary mola mola.
- Small group: pool max 1v4, ocean max 1v2
- Penida port pickup/dropoff
- Daily breakfast & lunch included
- All equipment provided
- Internationally recognised PADI certification –
- valid worldwide

Your first step to exploring the underwater world...

**BONUS - DAN INSURANCE FOR FREE**

**BOOK NOW**



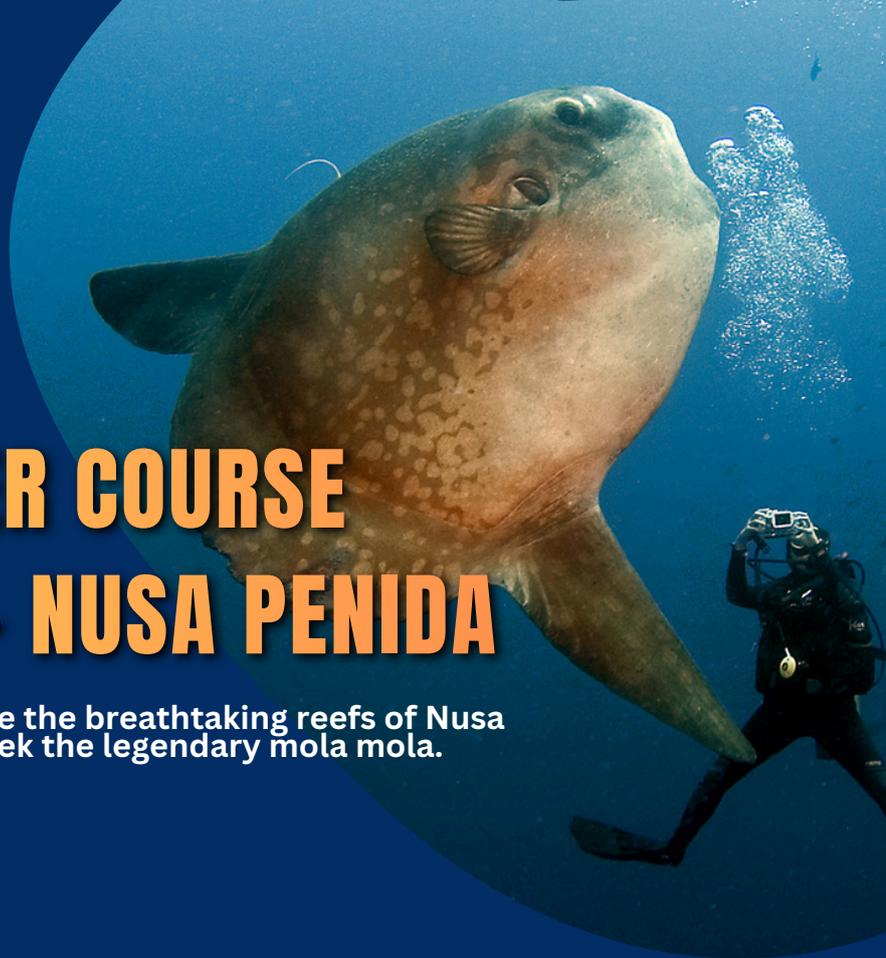
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**<https://www.jukungdivebali.com/>**



**@jukungdivebalipenida @jukungdiveamed**



**US\$500**  
Per Person

# JUKUNG DIVE BALI AMED/PENIDA

- The First 5-Star PADI Resort at Amed since 2004  
Recommended by Lonely Planet and Petit Fute

- The ONLY Diving Resort in Bali that offers diving & accommodation at 2 distinctive locations and covers 3 major diving areas in Bali - Amed/Tulamben, Padang Bai and Nusa Penida



## OWC Package – Nusa Penida

Your first step into the underwater world – PADI Open Water certification

- 3 day PADI Open Water Course led by experienced, professional instructors
- Confined water training (pool) followed by 4 open water dives
- Diving conducted at safe, beginner friendly sites around Nusa Penida
- 3 nights accommodation at Jukung Dive Bali Penida, ocean view resort
- Daily breakfast included, with lunch provided on diving days
- Full scuba equipment provided, including mask, fins, wetsuit, BCD, regulator, and tanks
- Course materials and PADI certification fees included
- Internationally recognised PADI Open Water Certification, valid worldwide to 18m

**From US\$500 per person**

Learn to dive in Nusa Penida with our PADI Open Water Course, designed for complete beginners and recognised worldwide. Training is delivered step by step by professional PADI instructors, beginning with a confined water session in our resort pool before progressing to four open water dives at safe, beginner friendly sites around Nusa Penida. Our instructors teach at your pace, with a strong focus on safety, comfort, and confidence throughout the course. Many students are surprised at how quickly initial nerves turn into enjoyment once they experience Nusa Penida's vibrant coral reefs, tropical marine life, and the opportunity to encounter manta rays or seasonal mola mola.

The course is designed to be simple and stress free. All equipment, instruction, meals on diving days, and three nights' accommodation at our ocean view resort are included. By the end of the programme, you will earn your internationally recognised PADI Open Water Certification, opening the door to diving adventures around the world.



# This itinerary can be personalised to your needs and preferences

The arrangement is for example, will be adjusted according to your time of arrival and in-house diving organisation and schedule.

## DAY 1 - ARRIVAL DAY

Our driver will meet you at the harbour upon your arrival in Nusa Penida and transfer you to Jukung Dive Bali Penida. The journey from the port to our resort is short and comfortable. Upon arrival, you'll be welcomed with a refreshing drink before being shown to your room at our beautiful ocean-view resort. Then you'll meet your instructor for a full course introduction and equipment fitting. Enjoy the rest of the day to relax by the infinite pool overlooking Mount Agung, or explore the island.



## DAY 2 - CONFINED WATER TRAINING

After breakfast at the resort, time to start the course and make your first bubbles underwater in our pool dedicated to scuba diving. The confined water part is when you learn and practice skills that will make you an autonomous, safe diver. Your PADI instructor will explain and demonstrate the skills and assist you until you master them. From clearing your mask and control your buoyancy to share air with your dive buddy, your instructor will ensure at every step that you can master each skill with confidence.



## DAY 3 - OPEN WATER DIVES 1+2

After breakfast at the resort, you'll head out by boat for your open water dive 1 and 2 at shallow (maximum 12 meters) and safe dive sites. During surface interval between the dives, we provide snacks, coffee, tea and water. This dive is designed to help you apply your new skills while discovering the island's vibrant reefs and marine life. After the second dive, time to enjoy some rest and lunch at the resort. Afternoon will be dedicated to finish the confined water training in the pool if needed or just relax if confined water has been completed the day before.



## DAY 4 - OPEN WATER DIVES 3+4

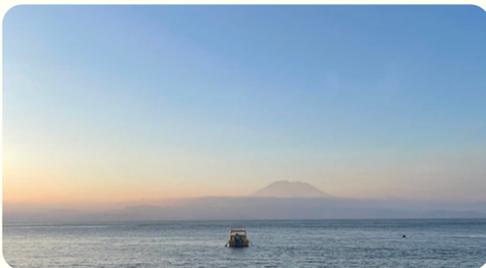
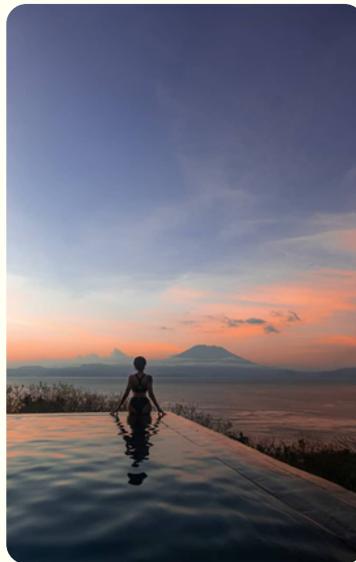
After breakfast, you will head out for your final open water dives. These dives are the highlight of the course, with less skills to demonstrate and more time exploring Nusa Penida's stunning reefs and marine life at a depth up to 18 meters. On returning to the resort, your instructor will guide you through a final debrief and celebrate your achievement – you are now a PADI Open Water Diver, certified to dive anywhere in the world to 18 metres. The afternoon is free to relax by the infinity pool, take in the ocean views, extend your stay in Nusa Penida, or continue your diving journey with us.



# Your Stay in Nusa Penida

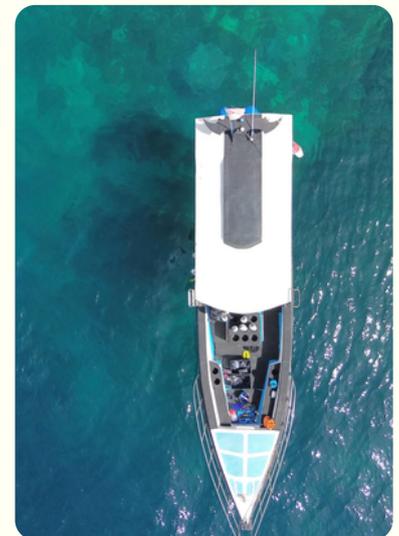
## *Home to Divers in Bali*

Your package includes three nights' accommodation at our Jukung Dive Bali Resort, Nusa Penida's 5★ PADI Dive Centre, located in a peaceful ocean-front setting close to the port. All rooms are equipped with air-conditioning, Wi-Fi, electricity, and hot water for a comfortable stay after your dives. Guests can relax at the infinity pool overlooking the ocean with views of Mount Agung, enjoy our on-site Sky Penida Restaurant & Spa, or unwind between dive days. Freshly prepared breakfast is served daily, with lunch included on diving days, ensuring a smooth and stress-free experience.



## What Is Included:

- 3 nights' accommodation at Jukung Dive Bali, double occupancy
- Nusa Penida port pickup and dropoff
- Confined water training sessions (resort pool)
- 4 open water dives at beginner-friendly sites around Nusa Penida
- The chance to encounter manta rays year-round, seasonal mola mola
- Professional PADI instructor guidance throughout the course
- Small group, 1v4 maxi pool session, 1v2 maxi ocean dives
- All scuba equipment provided (mask, fins, wetsuit, BCD, regulator, etc.)
- Course materials & certification fees
- Daily breakfast included, plus lunch on diving days
- Welcome drink on arrival
- Use of resort facilities: infinity and freediving pool, Wi-Fi, AC, hot water



**Please note:** Dinner, personal expenses, and optional add-ons such as underwater photo or video packages or private instruction are not included. Additional nights and single occupancy (one person per room) can be arranged on request.



# Frequently Asked Questions

## **Do I need to know how to swim?**

Yes. Basic swimming ability is required for the PADI Open Water Course. You should be comfortable in the water and able to swim 200 metres and float/tread water for 10 minutes.

## **Is it safe for beginners?**

Absolutely. The Open Water Course is designed for beginners with no prior certification. It follows strict PADI safety standards, and you'll always be under the close supervision of a professional instructor.

## **What if I feel nervous?**

It's completely normal to feel nervous at first. Your instructor will move at your pace, starting in the pool (confined water) to build your confidence before taking you into the ocean.

## **How deep will I go?**

As an Open Water student, the maximum training depth is 18 metres. During your course, you'll gradually progress from shallow water to deeper dives, always at a comfortable pace.

## **What equipment do I need to bring?**

All scuba equipment is provided, including mask, fins, wetsuit, BCD, regulator, and tanks. Just bring a swimsuit, towel, sunscreen, and a positive attitude.

## **Will I get a certificate?**

Yes. Upon successful completion of the course, you'll earn the PADI Open Water Diver certification, which is internationally recognised and valid for life.

## **Can children join?**

Yes. The minimum age is 10 years old. We provide special equipment and support for younger divers. Students aged 10–14 will receive a Junior Open Water certification.

## **What if the weather is bad?**

We may adjust dive sites or schedules for safety, but the course will always continue in the safest and most enjoyable conditions possible.

## **Can I continue diving after this?**

Yes! Once you're certified, you can dive anywhere in the world with a buddy to a maximum of 18m. Many divers go on to further training, such as the Advanced Open Water Course, to expand their skills and explore new environments.

